

Below you will find information about the tiered pricing of DBT skills groups offered at our practice. We will not ask you to provide proof of your income or wealth when choosing your fee. If there is a fee that is affordable for you that you do not see listed below, please reach out to group facilitators to discuss.

When deciding what fee you will pay, we ask that you consider both your income and access to wealth. Income is the amount of money you make. Wealth is passed down intergenerationally and usually takes the form of inheritances, land ownership, and/or earning power. As a team committed to principles of anti-oppressive clinical practice, we encourage clients who experience systemic oppression that has historically barred access to wealth to apply for subsidized fee spots.

AMOUNT	DESCRIPTION
<b>\$10</b>	<p>We are happy to offer this reduced fee by redistributing the funds paid by clients opting to pay a higher fee (see below).</p> <p>You might consider paying the subsidized fee if you:</p>
<b>\$30</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> struggle to maintain access to basic needs such as healthcare, housing, food, and childcare;</li> <li><input type="checkbox"/> have financial dependents;</li> <li><input type="checkbox"/> have significant debt, immigration fees, or medical expenses;</li> </ul>
<b>\$50</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> have a chronic illness that impacts your earning power;</li> <li><input type="checkbox"/> receive government assistance;</li> <li><input type="checkbox"/> and/or perform labor that is criminalized.</li> </ul>
<b>\$70</b>	<p>By paying this fee, you are covering the cost of your enrollment in group.</p> <p>You might consider paying this fee for skills group if you:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> are struggling to pay off debt, build savings, and/or move away from living paycheck to paycheck;</li> <li><input type="checkbox"/> have access to a steady income;</li> <li><input type="checkbox"/> and/or do not worry about meeting basic needs such as healthcare, housing, food, and childcare.</li> </ul>
<b>\$100</b>	<p>By paying this fee, you are allowing us to offer a subsidized rate to other group members.</p> <p>You might consider opting into this fee for skills group if you:</p>
<b>\$130</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> have access to financial security/wealth (such as property ownership);</li> </ul>
<b>\$160</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> do not owe debts;</li> <li><input type="checkbox"/> generally do not worry about securing necessities</li> <li><input type="checkbox"/> work part-time by choice;</li> <li><input type="checkbox"/> and/or travel recreationally.</li> </ul>